



Welcome

Welcome to the fourth issue of the St Oswald's SEND newsletter. This month we are going to have a focus on sensory circuits. We will help you to understand more about it and also what we do in school for children and why some children benefit from a sensory circuit.

Any queries or questions related to SEND can always be sent to admin@soa.dsaf.education or please find Mrs Lambert and have a chat

Sensory Circuits

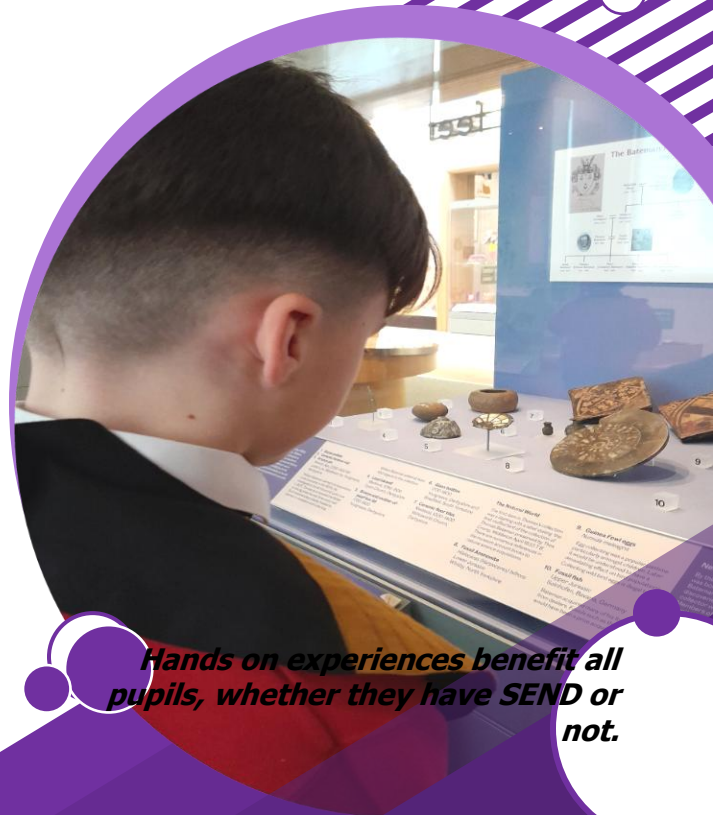
Sensory circuits are used at the start of the school day or after lunch because they are a great way to get children settled and ready to engage in the classroom. They can also be used after school or at home.

A sensory circuit last about 15 minutes and follows an organized pattern of alerting, organizing then calming activities.

Alerting section: These activities prepare the brain for learning. They activate the vestibular system and provide proprioceptive stimulation. The vestibular system is our sense of balance and proprioception is our sense of where our body is in space.

Organising section: These activities use motor skills, balance and timing. The child will need to organise their body, plan their approach to the activity and do more than one thing at a time in a set order. This helps to increase focus and attention.

Calming section: It is important to finish the circuit with calming activities. These will focus on proprioception and deep pressure activities, so the child leaves the circuit feeling calm, focussed and ready to get the best out of their next activity. Deep pressure works by applying weight or pressure to provide proprioceptive input, which calms our central nervous system.



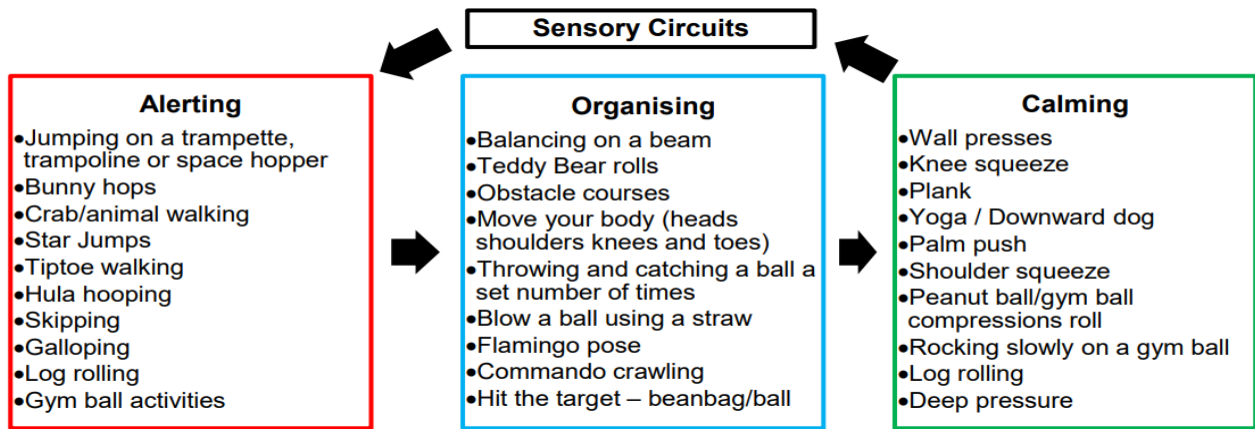
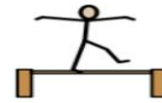
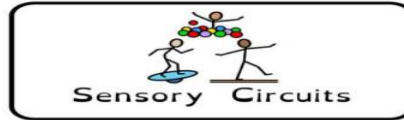
Hands on experiences benefit all pupils, whether they have SEND or not.

Please see Mrs Lambert about any SEND questions.



It's not a race...it's a journey

More about sensory circuits



Events in the Area

The Local offer page of the Doncaster website highlights activities available for a range of SEND needs. Follow link below.

[Local Offer - Activities and Leisure - City of Doncaster Council](#)

Savoy Cinema Doncaster, offer a dedicated autism-friendly Supportive Screening each Sunday at 10am. During this performance the lighting remains on at a low level, the volume of the soundtrack is turned down and customers are free to make a little noise or take a break if they need to.

[Savoy Cinema, Doncaster | Coming Soon | Supportive Screenings](#)

Makaton Sign of the Month - Food

Makaton is a language support system used by many children and adults with additional needs. It is closely linked to British Sign Language, although it aims to support rather than replace language.



Tap once.